



25-26 OCTOBER 4 MEGARON ATHENS INTERNATIONAL CONFERENCE CENTRE

ATHENS

A C Health Catalyst for reform Enabler for growth



CARRE

Personalized patient empowerment and shared decision support for cardiorenal disease and comorbidities

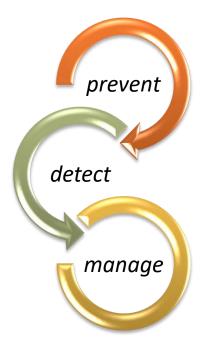
FP7-ICT-61440 Project Presentation

eHealth Forum 2016, Athens, Greece, 25-26 October 2016



motivation

- significant increase in the prevalence and incidence of chronic disease
- ½ of all chronic patients present comorbidities
- the chronic patient is mostly an outpatient
 - ✤ needs to care for herself at home
 - mainly away from continuous professional care
 - ♦ while trying to lead a normal life





FP7 - ICT - 614440

medical domain

chronic cardiorenal disease and comorbidities

- simultaneous (causal) dysfunction of kidney and heart
- b diabetes and/or hypertension common underlying causes
- b a number of other serious comorbidities often present

nephrogenic anemia, renal osteodystrophy, malnutrition, blindness, neuropathy, severe atherosclerosis, cardiovascular episodes, and eventually end-stage renal disease and/or heart failure, and death



deterioration to end stage renal/heart disease is life threatening, irreversible and expensive to manage



cardiorenal disease & comorbidities

some numbers...

- hypertension 1/3 of adults (US 2008)
- biabetes 🛱 8% of overall population
- chronic kidney disease \$\frac{1}{2}\$ 9-16% of overall population
- 44% of chronic kidney disease is due to diabetes
- 86% of chronic kidney disease has at least 1 comorbidity
- most patients with chronic kidney disease develop cardiovascular disease
- ⇒ chronic heart failure ⇒ 1-2% of total healthcare costs
- ⇒ end-stage renal disease (dialysis) ⇒ >2% of total healthcare costs





consortium: 6 partners from 4 EU countries

coordinator: Eleni Kaldoudi (DUTH)

duration: Nov 2013 - Oct 2016

FP7-ICT-2013-611140

budget: 3,210,470€

http://carre-project.eu/

CARRE

Cardiorenal comorbidity management via **empowerment** and shared informed decision





The Open University, UK

Democritus Univ. of Thrace DUTH, GR





Vilnius Univ. Hospital, LT

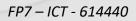


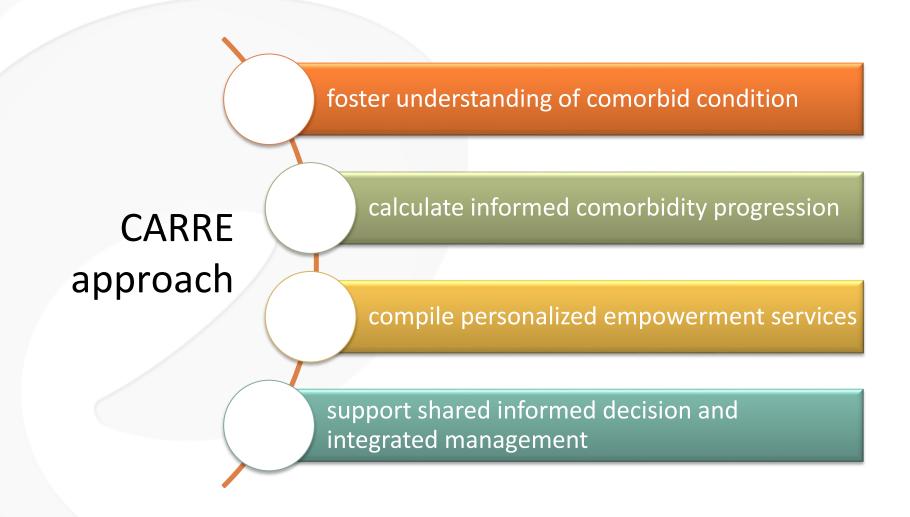
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Industrial Research Institute for Automation & Measurements, PL



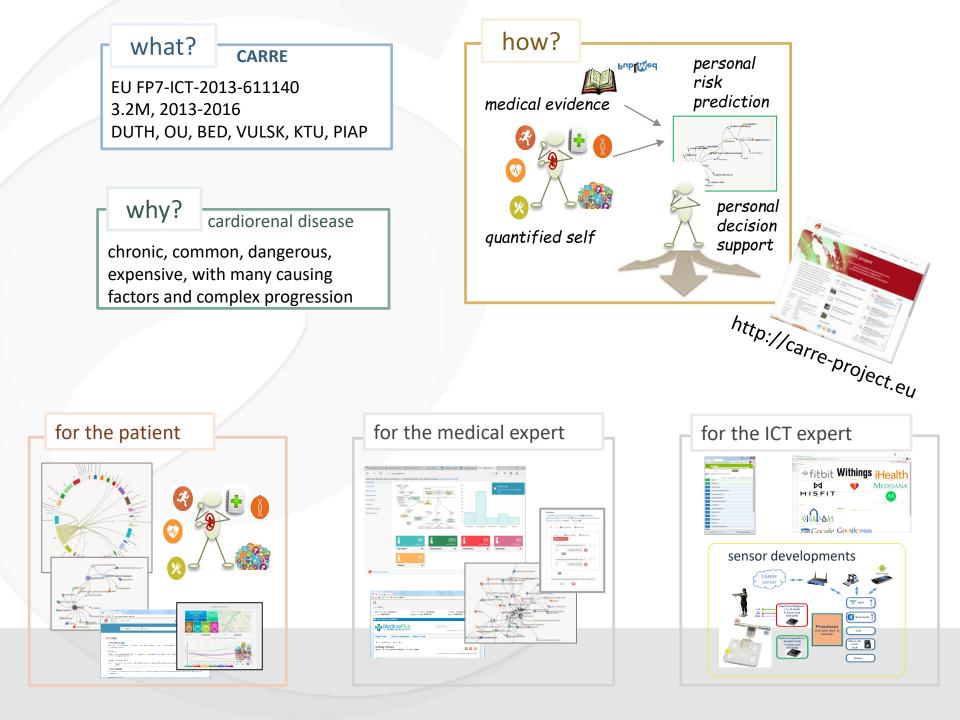




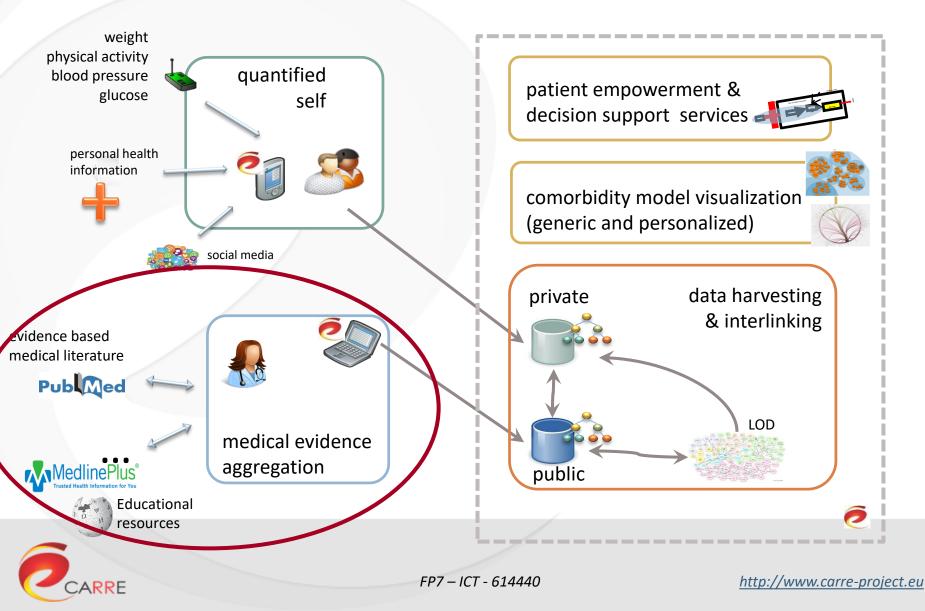


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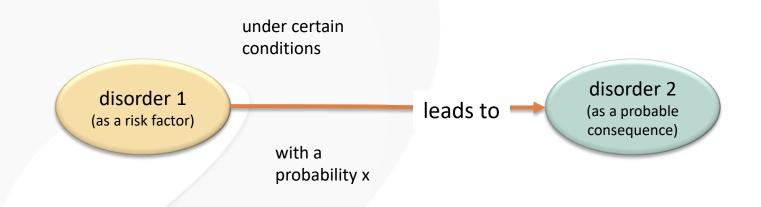
http://www.carre-project.eu



CARRE approach



modelling health risk factors



risk factors are reported in medical literature (top level evidence: systematic reviews with meta-analysis)

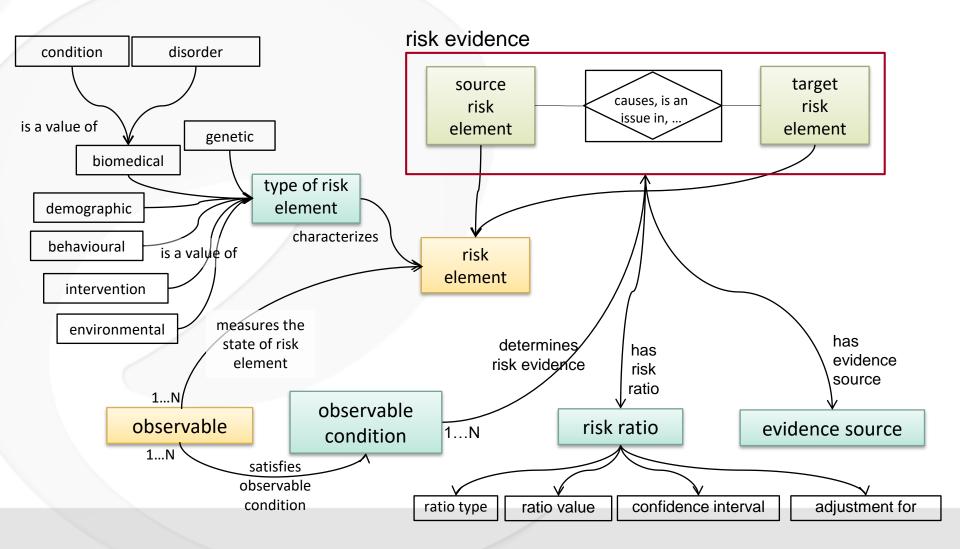
E. Kaldoudi, et al. CARRE D.2.1, 2014



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modelling health risk factors



A. Third, E. Kaldoudi, G. Gotsis, S. Roumeliotis, K. Pafili, J. Domingue, Capturing Scientific Knowledge on Medical Risk Factors, K-CAP2015, ACM, NY, USA, Oct. 7-10, 2015

E. Kaldoudi, et al. CARRE D.2.2, 2014

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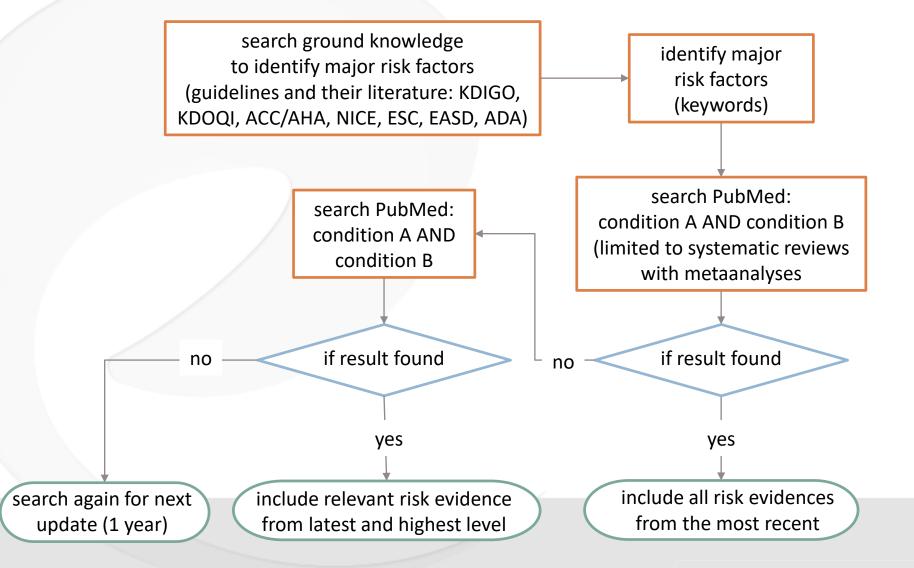
CARRE ontology published in NCBO BioPortal

http://bioportal.bioontology.org/ontologies/CARRE

G. Gkotis, A. Third, CARRE D.2.4, 2014, www.carre-project.eu

1.71

risk factor identification methodology



some of the major related conditions

- 1. Acute kidney injury
- 2. Acute myocardial infarction
- з. Age
- 4. Albuminuria
- 5. Anaemia
- 6. Angina pectoris
- 7. Asthma
- 8. Atrial fibrillation
- 9. Chronic kidney disease
- 10. Chronic obstructive pulmonary disease
- 11. Cholelithiasis
- 12. Colorectal Cancer

- 13. Coronary and carotid revascularisation
- 14. Death
- 15. Depression
- 16. Diabetes
- 17. Diabetic nephropathy
- 18. Drugs
- 19. Dyslipidemia
- 20. Family history
- 21. Heart Failure
- 22. Hyperkalemia
- 23. Hypertension
- 24. Hyperuricemia
- 25. Hypoglycaemia

- 26. Ischemic heart disease
- 27. Ischemic stroke
- 28. Left ventricular hypertrophy
- 29. Obesity
- 30. Obstructive Sleep Apnoea
- 31. Myocardial infarction
- 32. Osteoarthritis
- 33. Pancreatic Cancer
- 34. Peripheral Arterial Disease
- 35. Physical activity
- 36. Smoking
- 37. ...



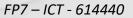
medical evidence aggregator

https://www.carre-project.eu/innovation/medical-evidence-aggregator/

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+ Fibroblast Growth Factor 23 and Sudden Versus Non-sudden Cardiac Death: The Cardiovascular Health Study. Deo R;Katz R;de Boer IH;Sotoodehnia N;Kestenbaum B;Mukamal KJ;Chonchol M;Sarnak M];Siscovick D;Shlipak MG;Ix JH				part-of-speech
+ [FGF23 and the heart]. Ezumba I;Quarles LD;Kovesdy CP	2014 Nov-Dec			tagging
+ [Cardiac magnetic resonance and uremic cardiomyopathy]. Di Lullo L;Gorini A;Rivera R;De Pascalis A;Bellasi A;Russo D;Barbera V;Ronco C;Balducci A;Santoboni A	201 <mark>4</mark> Nov-Dec			•
+ The interplay between CKD, sudden cardiac death, and ventricular arrhythmias. Pun PH	2014 Nov			dependency parsing
+ Why do young people with chronic kidney disease die early? Kumar S;Bogle R;Banerjee D	2014 Nov 6			
+ Chronic kidney disease and cardiovascular complications. Di Lullo L;House A;Gorini A;Santoboni A;Russo D;Ronco C	2014 Oct 25			
+ Increased concentration of circulating angiogenesis and nitric oxide inhibitors induces endothelial to mesenchymal transition and myocard Charytan DM;Padera R;Helfand AM;Zeisberg M;Xu X;Liu X;Himmelfarb J;Cinelli A;Kalluri R;Zeisberg EM	2014 Sep		Ŧ	semantic role labelling
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E. Liu, et al. CARRE D.3.4, 2015



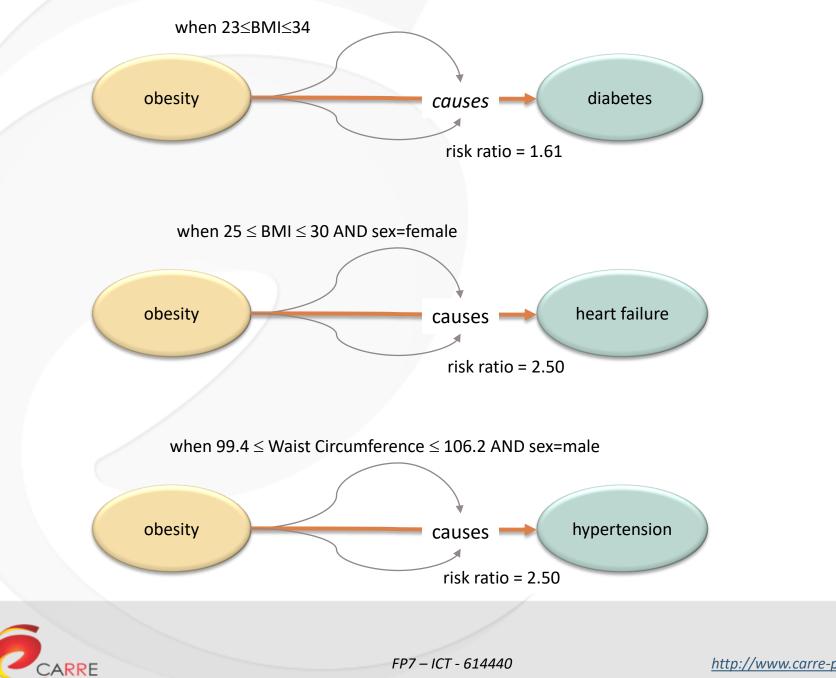


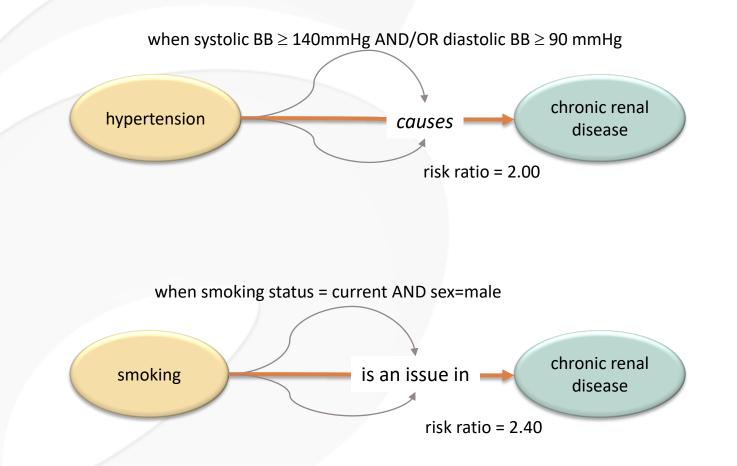
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efine Search: [clear]	
Summary 🗢	Results Analysis Dictionary
+ Fibroblast Growth Factor 23 and Sudden Versus Non-sudden Cardiac Death: The Car Health Study. Deo R;Katz R;de Boer IH;Sotoodehnia N;Kestenbaum B;Mukamal KJ;Chonchol M;Sarnak MJ;Siscovick D;Shlipak MG;Ix JH	The prevalence of chronic kidney disease (CKD) has now reached epidemic proportions and it is very likely that it will continue to rise with the increasing prevalence of juvenile diabetes mellitus, hypertension and aging population. CKD is a risk factor for cardiovascular disease (CVD) and cardiovascular disease (CVD) and cardiovascular disease (CVD) this also well known that patients with CKD have a higher risk of death from CVD than of progressing to end-stage renal disease that requires renal replacement therapy. In patients with CKD, there is a higher mortality from sudden cardiac death and
+ [FGF23 and the heart]. Ezumba I;Quarles LD;Kovesdy CP	congestive heart failure than <u>coronarg</u> artery disease, which is not the case in the general population. The high prevalence of congestive heart failure in CKD is due to cardiac remodeling which progresses from concentric remodeling to concentric and eccentric hypertrophy, leading to left ventricular hypertrophy with both systolic and diastolic dysfunction. Recent studies have suggested that , in patients with chronic kidney disease .
+ [Cardiac magnetic resonance and uremic cardiomyopathy]. Di Lullo L;Gorini A;Rivera R;De Pascalis A;Bellasi A;Russo D;Barbera V;Ronco C;Balducci A;Santoboni A	common traditional risk factors for cardiovascular disease such as hypertension, hyperlipidemia and obesity may not be the main determinants of cardiovascular disease! Among the various non-traditional <u>gardiovascular</u> risk factors present in patients with <u>thronic kidney disease</u> , abnormalities of CKD related mineral and bone disorder, which includes elevated fibroblast growth factor 23 (FGF23) have been one of the most extensively studied. However, after many years of research, the debate over the exact pathways by which FGF23 may lead to increased CVD still
+ The interplay between CKD, sudden cardiac death, and ventricular arrhythmias. Pun PH	continues. FGF23 may have both direct and indirect effects on the Fardiovascular system. Better understanding of the most relevant pathophysiologic pathways for FGF23 may lead to therapeutic interventions against cardiovascular disease in patients with CKD.
+ Why do young people with chronic kidney disease die early? Kumar S:Bogle R:Banerjee D	KeywordTags
+ Chronic kidney disease and cardiovascular complications. Di Lullo L;House A;Gorini A;Santoboni A;Russo D;Ronco C	NumberFactor
+ Increased concentration of circulating angiogenesis and nitric oxide inhibitors induc endothelial to mesenchymal transition and myocard Charytan DM;Padera R;Helfand AM;Zeisberg M;Xu X;Liu X;Himmelfarb J;Cinelli A;Kallu R;Zeisberg EM	CarreTags CA_NewRiskLinkTagy <mark>CA_PositiveStrongLinkTagyCarreRiskTagyCarreResultTag</mark> CA_NegativeStrongLinkTag <mark>CA_NegativeWeakLinkTag</mark> CA_PositiveWeakLinkTag HotmapTags
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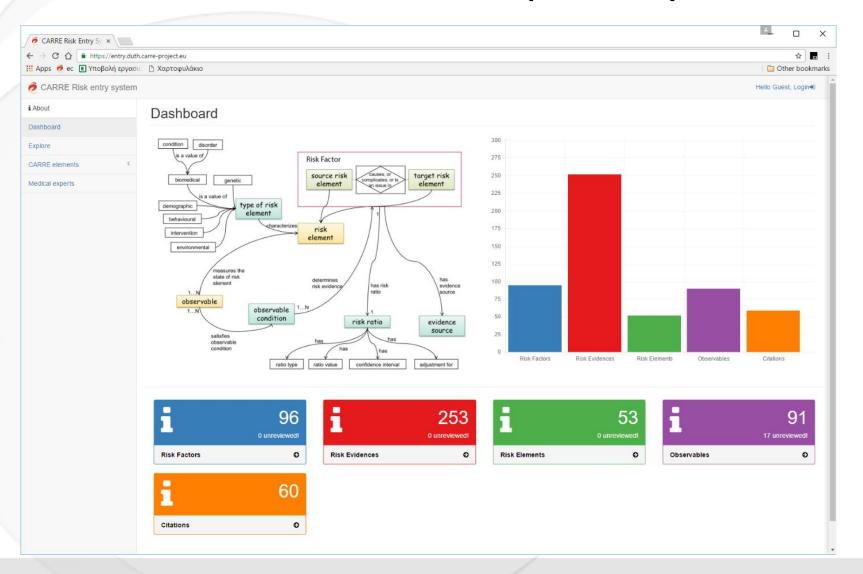






so far... 253 major risk associations (or evidences) identified in medical literature (which involve 53 health conditions and 82 related observables) as included in the CARRE risk factor database and predictive model





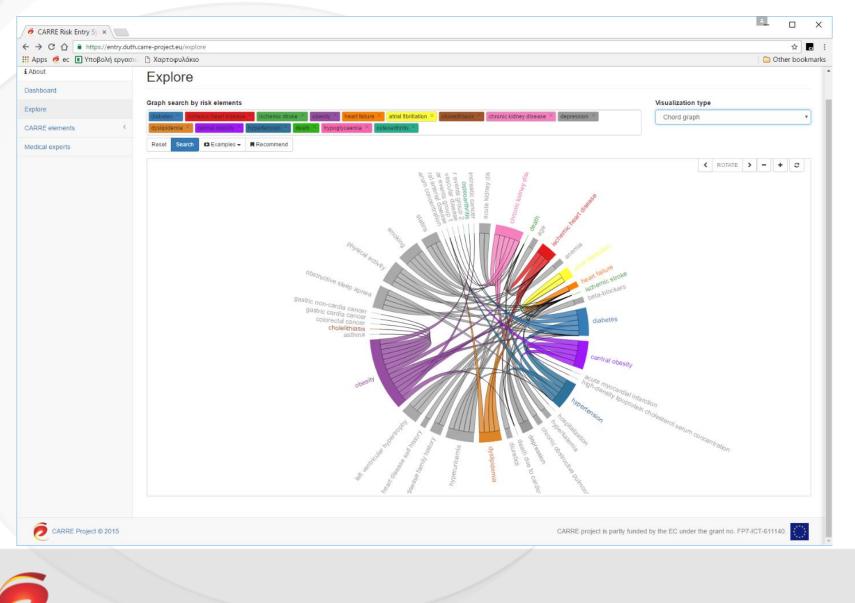


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Explore	Risk factor: age [is an issue in] ischemic heart disease	Article : 10069784 link to PubMed				
CARRE elements Y	Observable: age (years), sex					
Risk Factors	Observable condition: age (years) \leq 59 AND age (years) \geq 54 AND sex = 'female'	1. Circulation. 1999 Mar 9;99(9):1165-72.				
Risk Evidences	Ratio type: relative risk	Sex, age, cardiovascular risk factors, and coronary heart disease: a prospective follow-up study of 14 786 middle-aged men and women in Finland.				
Risk Elements	Ratio value: 5.53	Jousilahti P(1), Vartiainen E, Tuomilehto J, Puska P.				
Observables	Confidence Interval min: 3.36	Author information:				
Citations	Confidence Interval max: 9.08	(1)National Public Health Institute, Department of Epidemiology and Health Promotion, Helsinki, Finland. pekka.jousilahti@kll.fi				
Measurement Types	Is adjusted for: age, study year, and area, smoking, HDL cholesterol ratio, systolic blood pressure, BMI, diabetes	BACKGROUND: Coronary heart disease (CHD) is markedly more common in men than in				
Medical experts	Source: 10069784	women. In both sexes, CHD risk increases with age, but the increase is sharper in women. We analyzed the extent to which major cardiovascular risk factors can available the and the second the second back of the second to CHD with the second the second to the second				
	Entered by: Kalliopi Pafili	explain the sex difference and the age-related increase in CHD risk. METHODS AND RESULTS: The study cohort consists of 14 786 Finnish men and women 25 to 64 years old at baseline. The following cardiovascular risk factors were				
	Reviewed by: Stefanos Roumeliotis, Gintare Juozalenaite, Ploumis Passadakis	determined: smoking, serum total cholesterol, HDL cholesterol, blood pressure, body mass index, and diabetes. Risk factor measurements were done in 1982 or				
		1987, and the cohorts were followed up until the end of 1994. The Cox				
	Vew RDF source	proportional hazards model was used to assess the relation between risk factors and CHD risk. CHD incidence in men compared with women was approximately 3 times higher and mortality was approximately 5 times higher. Most of the risk factors were more favorable in women, but the sex difference in risk factor levels				
		diminished with increasing age. Differences in risk factors between sexes, particularly in HDL cholesterol and smoking, explained nearly half of the difference in CHD risk between men and women. Differences in serum total cholesterol level, blood pressure, body mass index, and diabetes prevalence explained about one-third of the age-related increase in CHD risk among men and 50% to 60% among women. CONCLUSIONS: Differences in major cardiovascular risk factors explained a substantial part of the sex difference in CHD risk. An increase in risk factor levels was associated with the age-related increase in CHD incidence and mortality in both sexes but to a larger extent in women.				
		PMID: 10069784 [PubMed - Indexed for MEDLINE]				



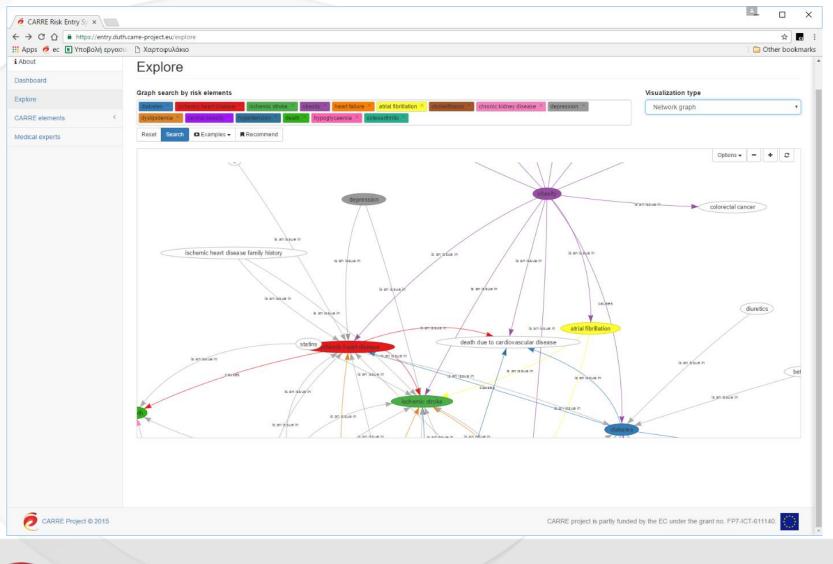
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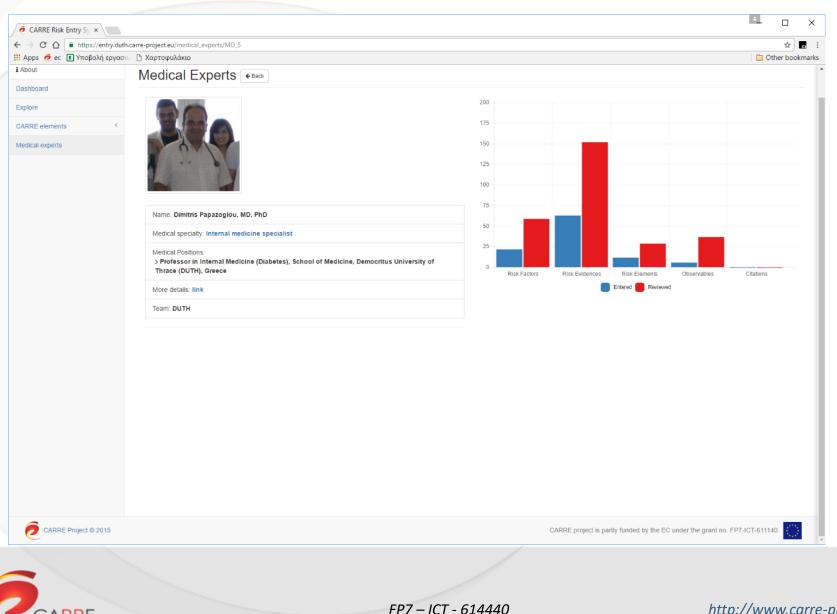


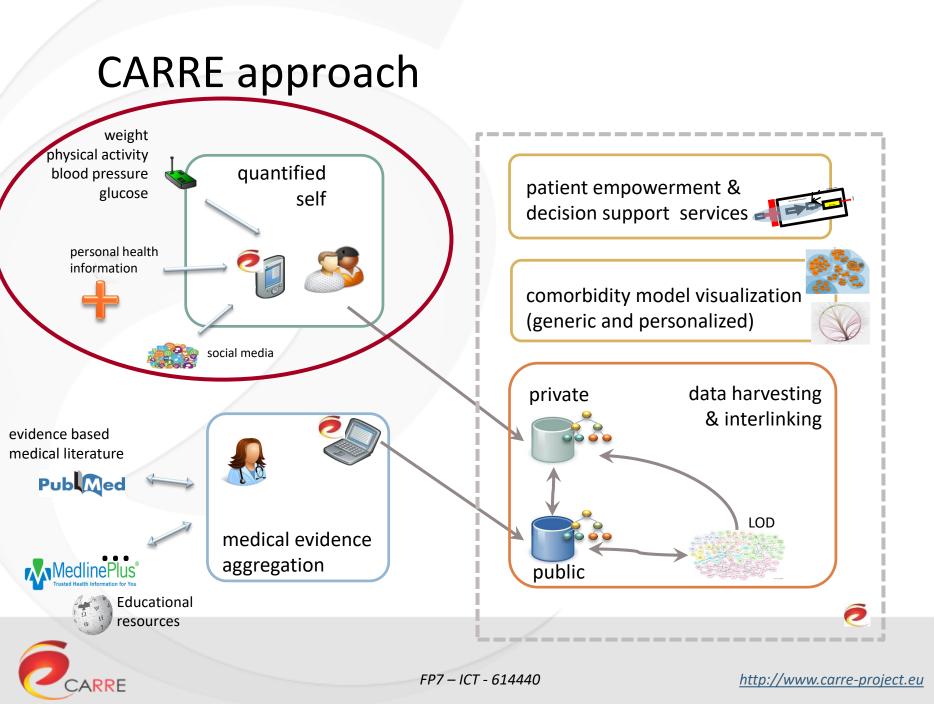
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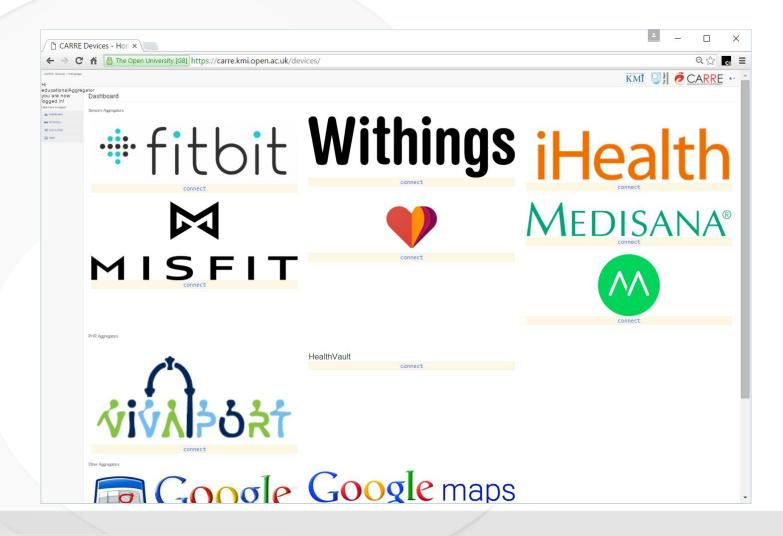
personal data aggregators

- sensor aggregators
- medical data aggregators from personal health record
- manual entry system for personal medical data
- intention extraction form web searches

CARRE D.3..2 & D.3.3, 2015

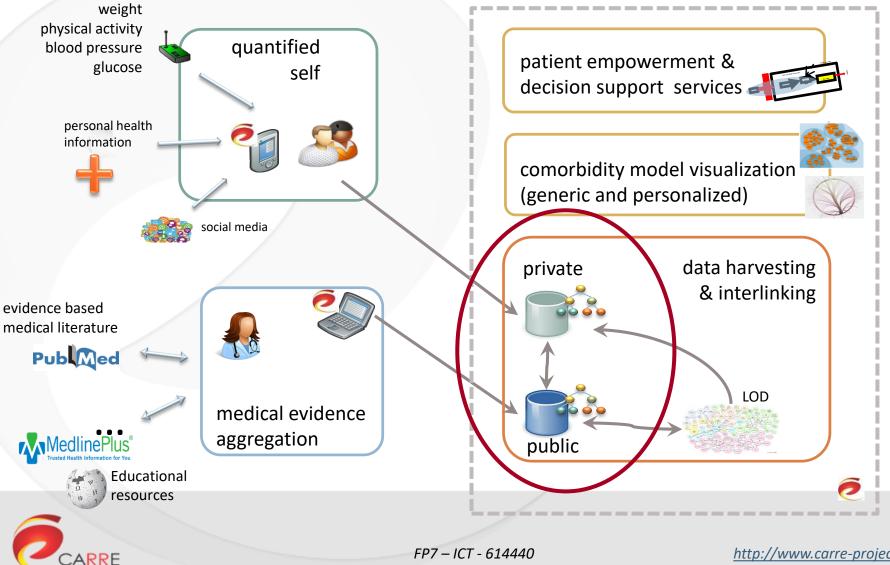


aggregator integration https://carre.kmi.open.ac.uk/devices/



CARRE D.3..2 & D.3.3, 2015

CARRE approach



http://www.carre-project.eu

public RDF SPARQL endpoint

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Virtuoso SPARQL Query Editor
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Query Text select distinct ?Concept where {[] a ?Concept} LIMIT 100
Sponging: Use only local data (including data retrieved before), but do not retrieve more
Results Format:
Execution timeout: 0 milliseconds (values less than 1000 are ignored)
Options: Strict checking of void variables
(The result can only be sent back to browser, not saved on the server, see details)
Run Query Reset
Copyright © 2015 <u>OpenLink Software</u> Virtuoso version 06.01.3127 on Linux (x86_64-unknown-linux-gnu), Single Server Edition
CARRE_RESTfulzip *

A. Third et al, CARRE D.4.1 & D.4.2, 2015

Virtuoso SPARQL Query Editor

Default Data Set Name (Graph IRI)

http://carre.kmi.open.ac.uk/public

Query Text

select * where {
 ?s a <http://carre.kmi.open.ac.uk/ontology/educational.owl#object> .
 ?s ?p ?o .
} LIMIT 100

a SPARQL query to retrieve RDF triples about educational objects

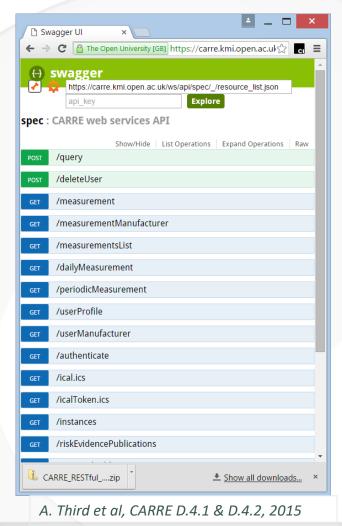
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triples about educational objects

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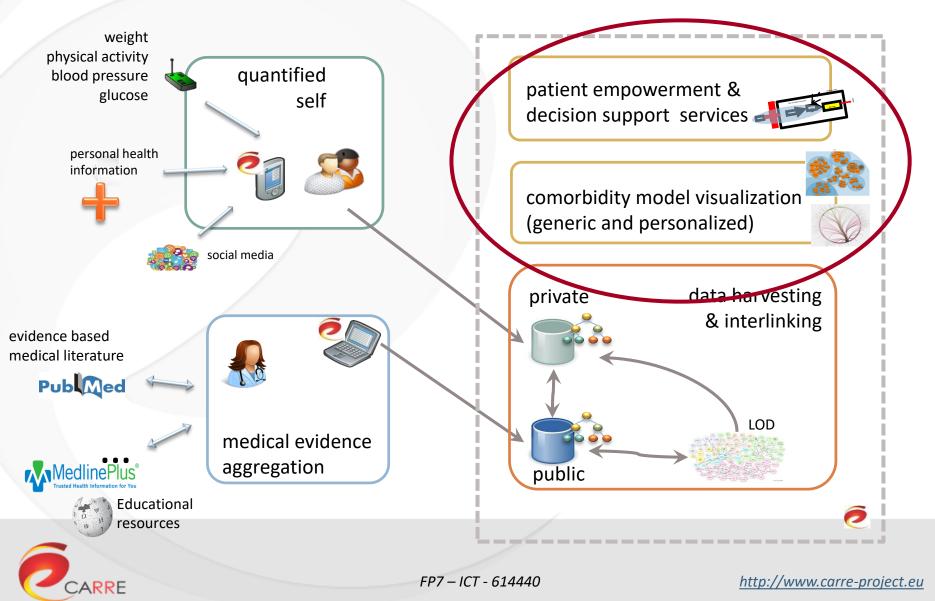
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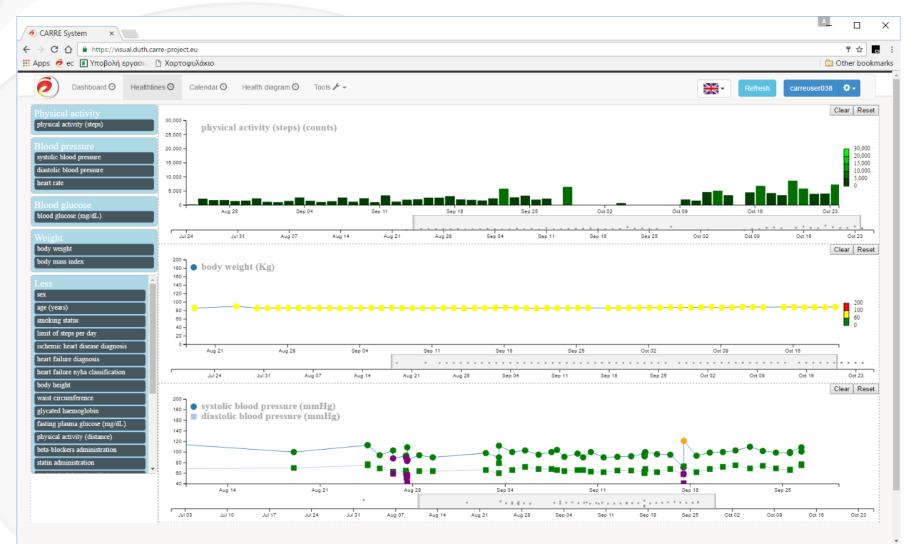
CARRE approach

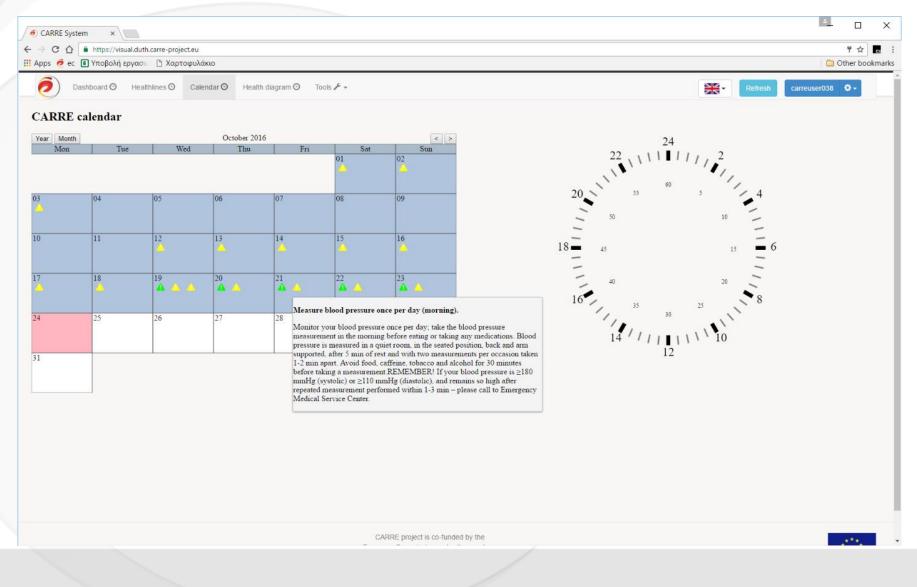


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		My health data	My current status
Profile		<u>^</u>	acute myocardial infarction
sex	male age (years)	52 years	central obesity high-density lipoprotein cholesterol serum concentration
smoking status	ex-smoker		Central obesity hypertension >
Physical activity			triglycerides serum concentration
physical activity (distance)	2.44 Km physical activity (steps)	3361 counts	diabetes
physical activity	low		beta-blockers
Body metrics			statins S
body height	178.0 cm waist circumference	105.0 cm	asthma
body weight	88.6 Kg body mass index	28.95 Kg/m^2	atrial fibrillation 🚬
body fat	29.2 %	Nyar 2	- obesity choleithiasis
Blood pressure	and the		colorectal cancer >
			gastric cardia cancer
		My alerts	gastric non-cardia cancer
easure blood pressure once pe	er dav (morning)		osteoarthritis
casure blood pressure once p	er day (morning).	2016-10-24 00:00	pancreatic cancer
on special recommendations a	bout physical activity. Please walk only as long a	is you feel comfortable.	heart failure >
all your doctor and reduce salt	intake.	2016-10-24 00:00	dyslipidemia
		2016-10-22 00:00	
			smoking death due to cardiovascular disease
			peripheral arterial disease
			age albuminuria



CARRE project is co-funded by the European Commission under the grant no. FP7-ICT-611140. CARRE Project © 2013 - 2016

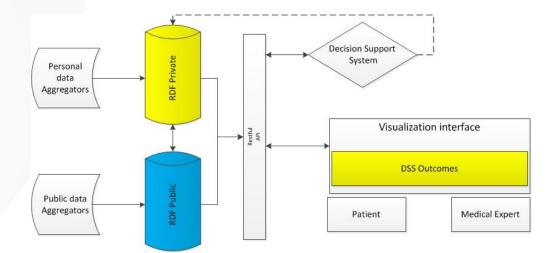




decision support services

interlace personal data and medical evidence for personalized services to

- plan
- monitor
- alert
- educate



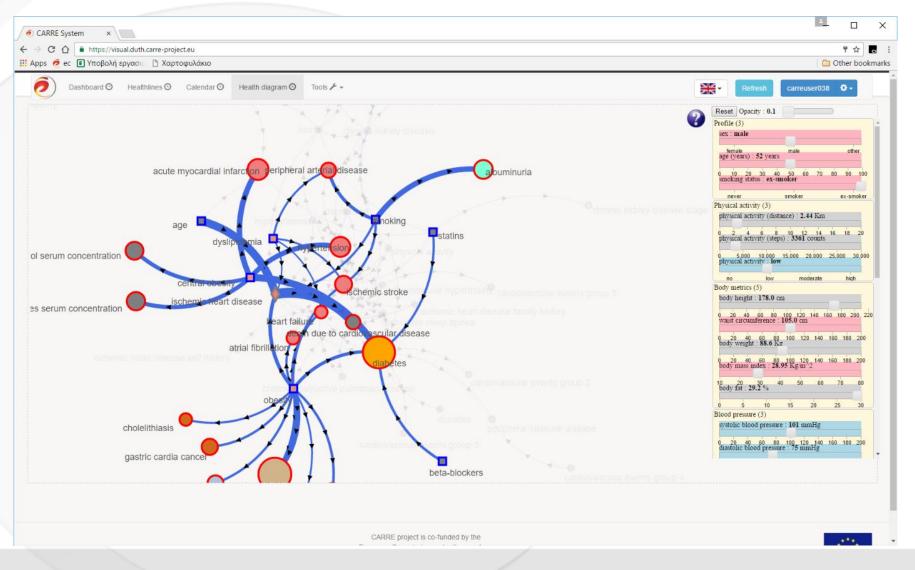
CARRE Decision support service webpage

This is CARRE Decision support service webpage for patient and medical expert. You can create here your individual account and connect with personal database.

© 2015 - CARRE DSS

CARRE D.6.2 & D.6.3, 2016





educational aggregator

https://edu.carre-project.eu/

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		Hea	dney F althy kid d your b	neys cle	ean your blood by removing excess fluid, minerals, and was	tes. T		Wikipedia	 acute kidn 	ney di	sease Q
 q		Por		are a g	roup of genetic disorders caused by problems with how you ly, especially in	r body	396 results				Previous 1 2 3 Next
semantic web		Uri The a u	e 1 0 1	ttps://edu	carre-projecte X					×	is often reversible with adequate treatment, and chronic kidney disease, which is
Se		Kic You rib	G		https://edu.carre-project.eu				₽☆ <u>⊼</u> : ⊘	_	known as Nephropathy, means damage to or disease of a kidney. Nephrosis is
		۸h	De		no verage : ★★★★☆ Comprehensiveness : ★: ★★★★★ Educational level : ★★★			cy : ***** ****	٦	9	of biliary surgery. The syndrome was soon re-associated with advanced liver
			NIH) U.S. Na	tional Library of Medicine						ure (ARF), is an abrupt loss of kidney function that develops within 7 days. Its
					MedlinePlus Trusted Health Information for You	Sear	ch MedlinePlus About Med	llinePlus Site Map FA	GO Qs Contact Us		
				lealth 1					Español		CARRE D.3.4, 2015
	2	CF		Kidn	Health Topics → Kidney Failure ey Failure led: End-stage renal disease, ESRD, Renal failure	То	use the sharing features	on this page, please end	+		<u>http://www.carre-project.eu</u>
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evaluation framework & plan*

	CARRE system	Context and				
	functions	Experts Patients		Admins	Environment	
Structure	aggregators and interfaces functioning	changes to working conditions and practices; new skills, & abilities	new skills, and abilities			
Process	service operation correct & valid	induced changes in function and satisfaction	Induced changes in self-management & satisfaction			
Outcome	service usable and reliable	effectiveness	perceived quality of care and life	improving specific clinical parameters	potential to improve the health status and quality of life	

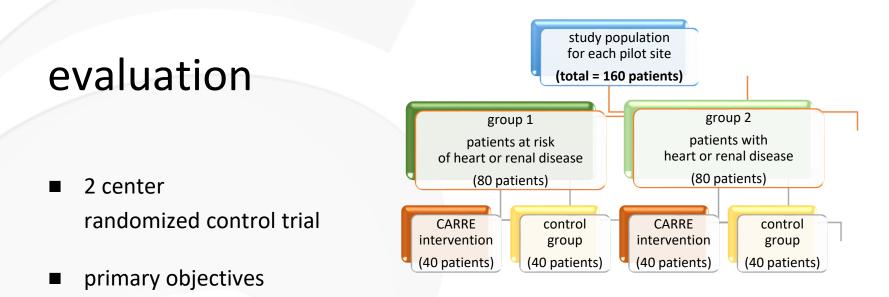
* based on the model proposed by Cornford, T., Doukidis, G.I., and Forster, D., Int. J. Manag. Science, 22(5), 491-504, 1994

1: component testing

2: service testing & understanding

3: service evaluation





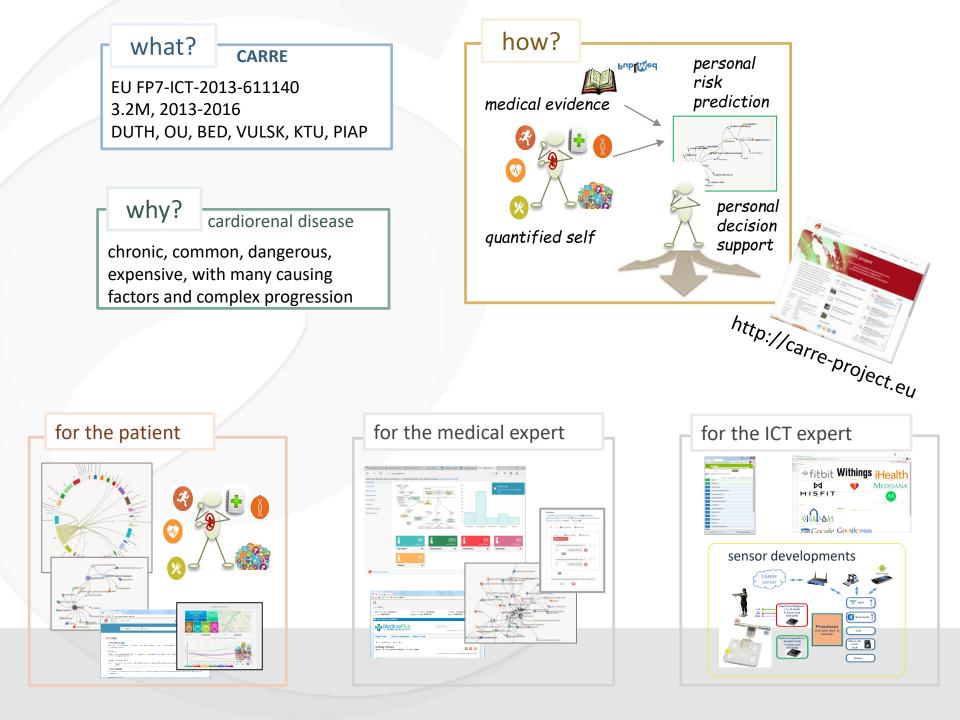
- increase health literacy
- increase level of patient empowerment (SUSTAINS instrument)
- improve quality of life (SF-36 instrument)
- reduce personal risk for cardiorenal disease and comorbidities disease prevalence,
- improve or prevent disease progression (clinical & laboratory parameters)
- improve lifestyle habits (sensor readings)
- limit no. or dose of necessary drugs (dose of essential drugs)
- assess intervention acceptability

CARRE D.7.4, 2016 (in progress)

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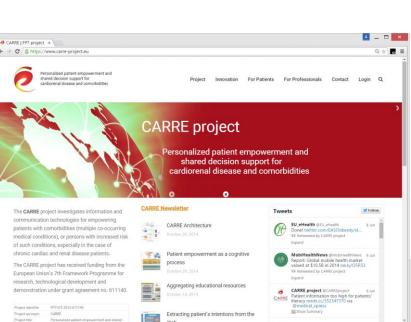
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CARRE: Personalized patient empowerment and shared decision support for cardiorenal disease and comorbidities

http://www.carre-project.eu/







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